



The BBC has employed the Lifesigns Group for a wide range of tasks in support of overseas productions, both in training and an operational capacity. As Series Producer, I have always been impressed at the adaptability and professionalism displayed by personnel from this company.

I have been directly involved with the company over two series of 'SAS – Are You Tough Enough?' The Lifesigns Group provided bespoke training courses for the production teams before deploying to the jungles of Borneo and the deserts of Namibia. These courses included First Aid, Navigation, Survival Skills, Environmental Awareness and Team Building. The breadth of subjects covered displayed the depth of knowledge that the instructors at this company have, but what impressed us most was the style in which the information was given.

The Lifesigns Group has assisted the BBC on numerous overseas trips. In Namibia, the company provided tight administrative support during the filming of SAS Desert, ensuring that all equipment was accounted for and in good operational condition. In addition, the company set up the abseil for the contestants, which involved the securing on rock of a 70m descent. In Ethiopia, the company assisted in a detailed reconnaissance to the Danakil Depression where we were to assess the feasibility of filming inside an active volcano. Again the company were meticulous in attention to detail, both in the planning process and in all matters concerning safety. On both overseas trips, the company members were shining examples of what a professional and competent organisation should be. In the UK, the Lifesigns Group provided bespoke training courses and undertook the selection training for 120 potential candidates for the series "Destination D-Day" then went on to assist in logistical and medical support of the series.

I am aware that the BBC has also used this company for the training of journalists, deploying to Gulf War 2 and for The Challenge, an adventure racing reality show. As a corporation, we intend to continue to employ the Lifesigns Group in a variety of roles and are very happy with the value for money product produced. I have no hesitation in recommending this company to you.

Dale Templar

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Series Producer BBC